

Dementia-Friendly Communities

February 4, 2020

Presenters:

**Jennifer Stewart, Manager of Advocacy and Education
Alzheimer Society of B.C**

**Jill Lawlor, Seniors Services and Community Wellness Manager
District of West Vancouver**

YOUR LINK TO DEMENTIA SUPPORT

First Link[®]

Building a Dementia-Friendly Province

Alzheimer Society of B.C.



Alzheimer Society
BRITISH COLUMBIA

Before there's a cure, there's care

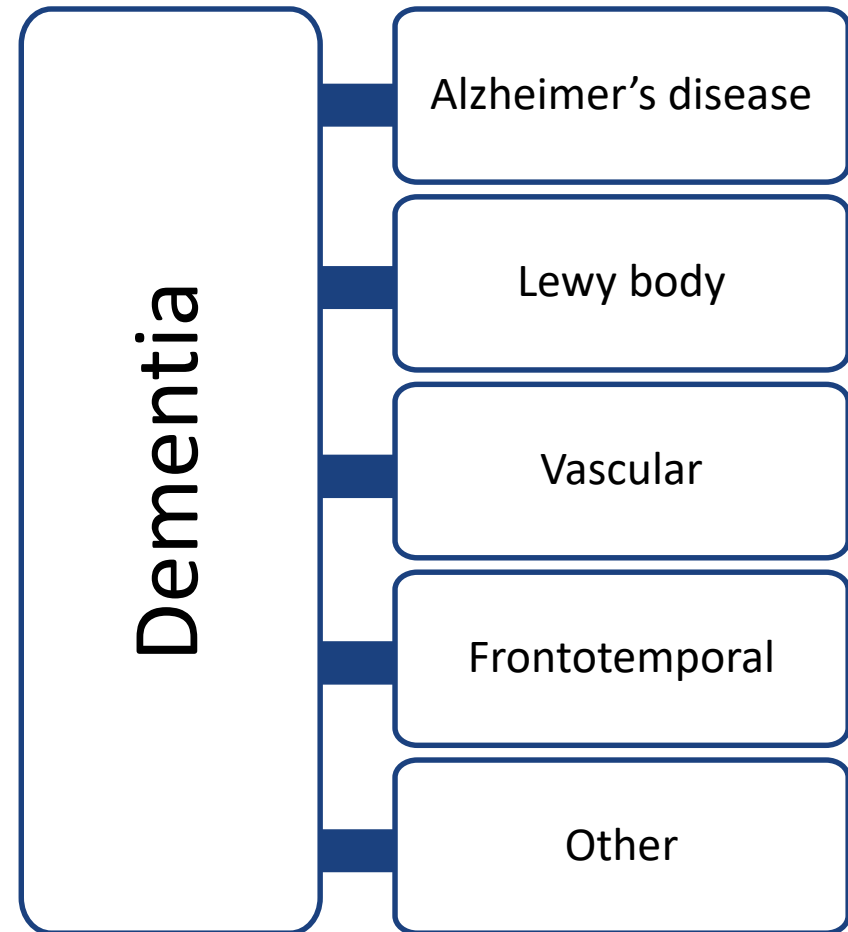


What is dementia?



Alzheimer's disease and other dementias

- There are many types of dementia.
- Dementia is not part of normal aging.
- Dementia is progressive – it is experienced in stages.



Stigma Survey

- 46 per cent would feel ashamed or embarrassed if they had dementia.
- 61 per cent felt they would face discrimination of some kind.
- 59 per cent feel they would not be confident to help a person with dementia who appeared to need assistance.



What is First Link[®] dementia support?



Who can refer clients to First Link®?



First Link[®] benefits

- Initial contact an average of 11 months earlier than if families reached out on their own, with ongoing follow up.
- Support and learning opportunities that build confidence and skills to maintain quality of life as much as possible.
- Connection to a supportive community of others living with dementia.



Support and education on the dementia journey



What will your client receive after you refer?

- An initial outreach call explaining First Link[®] and what it offers to them.
- The First Link[®] bulletin, highlighting regional support and learning opportunities on a quarterly basis.
- Ongoing support calls and information about specific services and resources appropriate to their needs.

What is a dementia-friendly community?





Jim's story

“The Dementia-Friendly Communities program will help create inviting and supportive communities where people like me who are living with dementia in the community can feel comfortable and safe walking, shopping and just getting around.”

- Jim Mann

Our approach



People

- Dementia Friends education
- Other education




Practice

- Professional groups
- Awareness and skill building



Policy

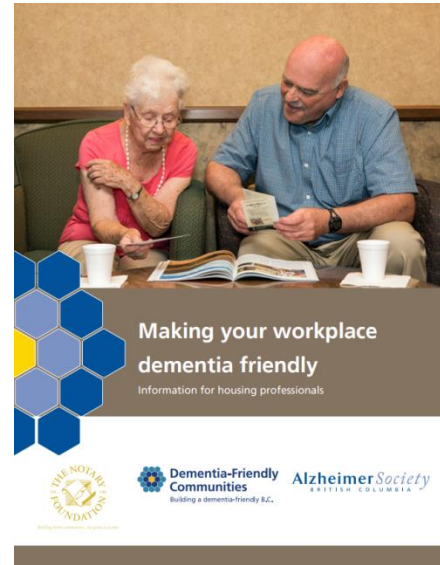
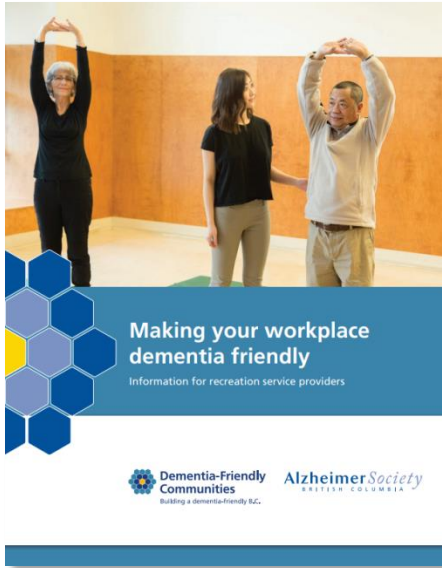
- Municipal bylaws
- Community planning



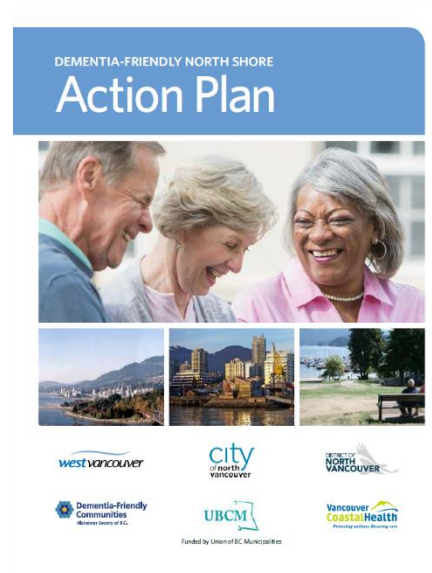
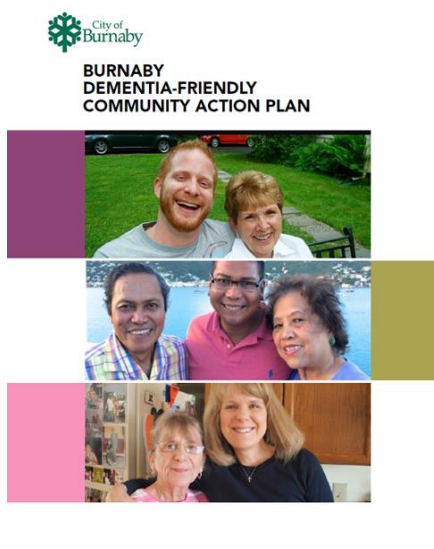
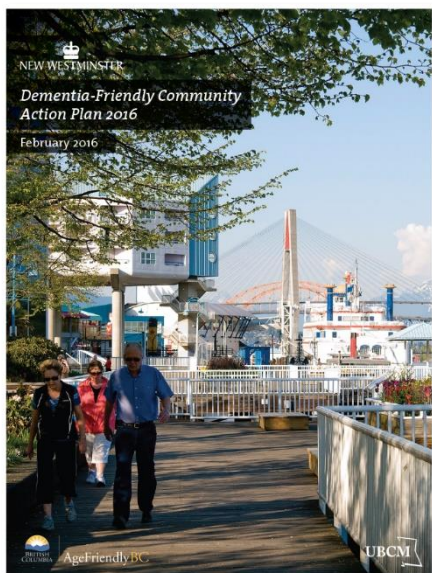
Dementia Friends education

- General public
- Finance
- Legal
- Housing
- Recreation
- Library
- Food
- Retail
- Transit
- First responders

Making your workplace dementia friendly series



Dementia-friendly action plans



Municipal resources



DEMENTIA-FRIENDLY COMMUNITIES LOCAL GOVERNMENT TOOLKIT

Alzheimer Society
BRITISH COLUMBIA



Dementia-Friendly City Train the Trainer Workbook

The City of Vancouver and the Alzheimer Society of B.C.

 **Dementia-Friendly
Communities**
Alzheimer Society of B.C.

 **CITY OF
VANCOUVER**

Alzheimer Society
BRITISH COLUMBIA

Funded by:  **BRITISH
COLUMBIA**

Alzheimer Society
BRITISH COLUMBIA



YOUR LINK TO DEMENTIA SUPPORT

First Link[®]

Dementia Helpline

1-800-936-6033

Alzheimer Society
BRITISH COLUMBIA

Alzheimer Society

BRITISH COLUMBIA

HELP FOR TODAY. HOPE FOR TOMORROW...®



Contact us

First Link® Dementia Helpline:
1-800-936-6033

alzheimerbc.org

Email jstewart@alzheimerbc.org

dementiafriends.ca
amiscantecognitive.ca

Alzheimer Society
BRITISH COLUMBIA

Dementia Friendly North Shore

Jill Lawlor

February 4, 2020

2016

Need for
Dementia
Support -
Identified

North Shore
Community
Partnership
Created

Community
Survey on
Perceptions
of Dementia

Health Expo
Keynote
Dementia

2016

North Shore Seniors' Health Expo

SEPTEMBER 10
10 A.M. - 3 P.M.
SENIORS' ACTIVITY CENTRE
695 21ST STREET | WEST VANCOUVER

Help us launch *Dementia Friendly North Shore* with our first annual **North Shore Seniors' Health Expo** featuring exhibitors, innovative speakers and researchers focusing on **cognitive, physical, social** and **financial** well-being.

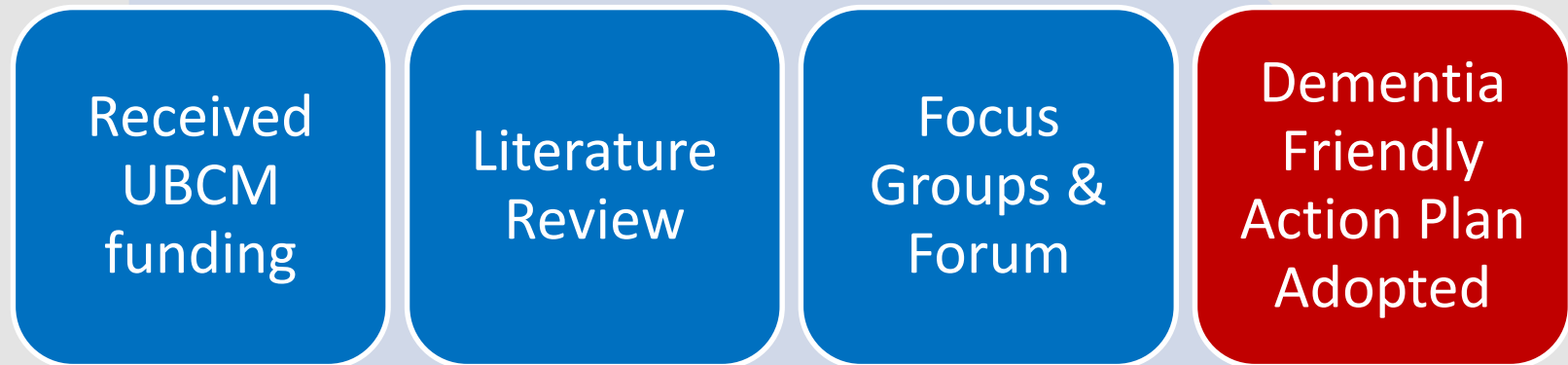
sponsored by

-  **Davies**
Health Solutions
-  **Maison**
Senior Living
-  **Nurse Next Door**
Home Care Services
-  **LONSDALE**
event rentals
-  **North Shore**
news
-  **TD** Wealth

presented by

-  **AMICA**
Mature Lifestyles
-  **westvancouver**

2017



2017

DEMENTIA FRIENDLY FORUM

FRIDAY, SEPTEMBER 8 | 10 A.M. - 12 P.M.
NORTH VANCOUVER CITY LIBRARY | 120 14th STREET WEST



NEW THIS YEAR!

Help us become a dementia-friendly North Shore by providing your feedback at our Dementia Friendly Forum happening on Friday, September 8 from 10 a.m. - 12 p.m. at the North Vancouver City Library. If you would like to participate in this FREE Forum, please register for the session of your choice in person at the West Vancouver Seniors' Activity Centre front desk (695 21st Street), by phone at 604-925-7280, or online at activewestvanrec.ca using the activity codes provided below.

COMMUNITY & STAKEHOLDERS FORUM

Activity code: #39089

COMMUNITY FORUM

Activity code: #39088



BC Healthy Communities
People. Place. Potential.

Maison
Senior Living

AMICA
Mature Lifestyles

Dementia-Friendly Communities
Alzheimer Society of B.C.

DISTRICT OF
NORTH VANCOUVER

city
of north
vancouver

west vancouver

2017

DEMENTIA-FRIENDLY NORTH SHORE

Action Plan



west vancouver

city
of north
vancouver

UNION OF
VANCOUVER
MUNICIPALITIES

Dementia-Friendly
Communities
Alliature Society of B.C.



BC Healthy Communities
Keep it. Place. Parental.

UBCM

Vancouver
Coastal Health
Preventing infection. Strengthening care.

Funded by Union of BC Municipalities

2018

Implementing
Action Plan

Train the
Trainer
Workshop

500 staff
trained in
Dementia
Awareness

Community
Education
Campaign

2018

DEMENTIA-FRIENDLY NORTH SHORE **TIP OF THE DAY**



westvancouver.ca/dementiafriendly



Dementia-Friendly
Communities
Alzheimer Society of B.C.

city
of north
vancouver

DISTRICT of
NORTH VANCOUVER

west vancouver

2018

DEMENTIA-FRIENDLY NORTH SHORE **TIP OF THE DAY**

Dementia is not just about losing your memory—it can affect thinking, communicating and doing everyday activities. Learn to recognize signs and symptoms and what you can do to help someone who has been affected by dementia.



2019

Seniors Outreach
Committee

Alzheimer Cafe

Intergenerational
Community
Education

First Responder
Cards

2019

WEST VANCOUVER RECREATION

55+

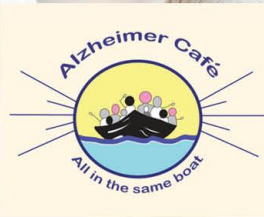
ALZHEIMER CAFÉ

A bookcase of memories
A CONVERSATION WITH REVEREND CARLA WILKS & HELEN MURPHY



/westvanrec

QUESTIONS
604-921-7211



westvancouverrec.ca

westvancouver.ca/seniors

westvancouver

2019

First Responder Partnership



westvancouver.ca/seniors

westvancouver

2020

Community
Navigators

Partnership
with
Schools

Alzheimer
Cafe

Expanded
Programs

2020

SENIORS' ACTIVITY CENTRE

55+

westvancouverrec.ca

BECOME A COMMUNITY NAVIGATOR



SHARE YOUR TIME AND TALENTS WITH YOUR COMMUNITY!

In response to a growing need in the community, the District of West Vancouver is looking to implement a brand new social prescribing program called Community Navigators.

This unique program will train volunteers to provide support to older adults needing assistance with completing government and other miscellaneous forms, navigating health care, addressing housing concerns, and offering support in a variety of other areas of need.

If you are interested in becoming a Community Navigator volunteer please contact **Helen Murphy** at 604-925-7211 or hmurphy@westvancouver.ca or for details!

Community Navigator training will take place in January and February 2020.



westvancouver.ca/seniors

westvancouver

**Thank-you!
Questions?**

Jill Lawlor

jlawlor@westvancouver.ca

604-921-3467

Questions?



<https://healthyagingcore.ca/>

BY KEYWORD

Dementia Friendly

APPLY

CATEGORIES

Choose

SUBJECT AREA

- Wellness & Mental Health
- Caregiving
- Information, Referral, & Advocacy
- Safety, Security & Personal Planning
- Education, Recreation, & Arts
- Home Support
- Organizational Development
- Volunteer Management
- Ageism
- Social Connectedness
- Housing
- Physical Activity



Dementia-Friendly Communities Local Government Toolkit

From: Alzheimer Society British Columbia



DOCUMENT



Making your workplace dementia friendly: Information for legal professionals

From: Alzheimers Society of BC



DOCUMENT



Making your workplace dementia friendly: Information for recreation service professionals

From: Alzheimer Society of British Columbia



DOCUMENT



Making your workplace dementia friendly: Information for financial professionals

From: Alzheimer Society of British Columbia



DOCUMENT



Making your workplace dementia friendly: Information for housing professionals

From: Alzheimers Society of BC



DOCUMENT



Punjabi-Adapted Dementia Friends Presentation

From: Building Trust



DOCUMENT