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| **Seniors: tips to help you this tax season!**As a senior, you may be eligible for benefits and credits when you file your taxes. We have tips to help you get all of them!**Get free tax help**If you have a modest income and a simple tax situation, volunteers near you may be able to **do your taxes for free**. Tax clinics are usually open from February to the end of April. Some are open year-round. To find a free tax clinic, visit [canada.ca/taxes-help](http://www.canada.ca/taxes-help?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs). You can also quickly and securely file your taxes online. The Canada Revenue Agency (CRA) has a list of [certified tax software](http://www.canada.ca/netfile-software?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs) that are easy to use, fast, and secure. Some are free!**Don’t get scammed**Look out for suspicious emails, telephone calls, letters, or text messages that say they are from the CRA. If someone asks for personal information, such as your credit card, or passport number, it’s a scam.  To learn how to protect yourself, visit [canada.ca/taxes-fraud-prevention](http://www.canada.ca/taxes-fraud-prevention?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs).**Get benefits, credits, and claim other expenses**You may be able to claim many things during tax season, such as the [disability tax credit](https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs), the [Canada caregiver credit](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/deductions-credits-expenses/canada-caregiver-amount.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs), or receive the [GST/HST credit](https://www.canada.ca/en/revenue-agency/services/child-family-benefits/goods-services-tax-harmonized-sales-tax-gst-hst-credit.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs) and the [related provincial or territorial benefits and credits](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/provincial-territorial-tax-credits-individuals.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs) for those with modest incomes.If you owe money this year, you may be able to deduct [medical expenses](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/deductions-credits-expenses/lines-330-331-eligible-medical-expenses-you-claim-on-your-tax-return.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs), [home accessibility expenses](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/deductions-credits-expenses/line-398-home-accessibility-expenses.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs), the [age amount](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/deductions-credits-expenses/line-301-amount.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs), the [pension income amount](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/deductions-credits-expenses/line-314-pension-income-amount.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs), and take advantage of [pension income splitting](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/pension-income-splitting.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs). Claiming these items will help lower what you owe at tax time.Do you receive the [guaranteed income supplement](https://www.canada.ca/en/services/benefits/publicpensions/cpp/old-age-security/guaranteed-income-supplement.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs) (GIS)? The GIS is a monthly benefit for Old Age Security pension recipients, who have low income and are living in Canada. If you receive this supplement and an old age security pension, file your taxes by April 30 to keep your benefits coming if you continue to be eligible.Making sure you claim potential benefits and credits is important. It helps you pay for what you need and puts more money in your pockets. Do your homework for eligible benefits and credits so you don’t miss out!The CRA has more information on [benefits, credits, and deductions](https://www.canada.ca/en/revenue-agency/services/tax/individuals/topics/about-your-tax-return/tax-return/completing-a-tax-return/deductions-credits-expenses/deductions-credits-expenses.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs) for seniors. For more tax information for seniors, go to [canada.ca/taxes-seniors](http://canada.ca/taxes-seniors?utm_source=stkhldrs&utm_medium=eml&utm_campaign=stksnrs). You can also call 1‑800-959-8281 for individual tax enquiries, and 1-800-387-1193 for benefit enquiries.**Contacts**Media RelationsCanada Revenue Agency613-948-8366cra-arc.media@cra-arc.gc.ca**Stay connected**To receive updates on what is new at the Canada Revenue Agency (CRA), you can:·  Like the CRA on [Facebook](https://www.facebook.com/canrevagency/)·  Follow the CRA on Twitter - [@CanRevAgency](http://twitter.com/canrevagency#_blank).·  Follow the CRA on [LinkedIn](https://www.linkedin.com/company/cra-arc).·  Subscribe to a CRA [electronic mailing list](https://www.canada.ca/en/revenue-agency/news/e-services/canada-revenue-electronic-mailing-lists/subscribe-a-canada-revenue-agency-electronic-mailing-list.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=fmr#_blank).·  Add our [RSS feeds](https://www.canada.ca/en/revenue-agency/services/e-services/feeds.html?utm_source=stkhldrs&utm_medium=eml&utm_campaign=fmr#_blank) to your feed reader.·  Watch our tax-related videos on [YouTube](http://www.youtube.com/canrevagency#_blank). |