

Building Bridges Through Understanding The Village®

During this **experiential workshop** we will explore our personal role in supporting the revival of the values that worked so beautifully in Indigenous villages for thousands of years. We will also explore in-depth the affects of Residential Schools and Canada's Policy of Assimilation. This workshop is geared to solutions rather than recrimination and is a great forum in which to ask questions.

Participants in these often-emotion-provoking workshop experiences comment that while they understood a bit about the issue on a cognitive level, after participation in **Building Bridges Through Understanding the Village** they understand on a deep emotional level as well. The workshop is done from a non-blame and non-shame perspective and invites all participants to become a part of the healing that IS already happening. Kathi's work has been inspired by Jann Derrick's teachings of 'The Circle and The Box' and by many Elders' teachings.

Learning outcomes:

- Foundational learning for moving into reconciliation in response to the TRC Calls to Action and The United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP).
- A cognitive and emotional understanding of traditional First Nations values.
- A deep and emotional insight into the depth and intergenerational effects of Colonization.
- Methods for creating supportive relationships in a positive way.

Kathi Camilleri is an Aboriginal woman who has coordinated healing programs in the Aboriginal Community for 23 years. She has a Master's Degree in Leadership Studies, Certificates in CBT and DBT and training in re-enactment therapy for trauma survivors. Kathi worked with Aboriginal Mental Health and has her own consulting business. She facilitates strategic planning sessions and experiential workshops regarding Canada's Policy of Assimilation and Colonization with social workers, foster parents, health care workers, church groups, all levels of government, students and educators, and frontline workers in communities across Canada. The healing power and personal impact of this work elicits rave reviews. Kathi can be reached at 250.287.0150 or by email cckc@telus.net.



“Kathi uses humour, kindness and wisdom to hold the space safely for us while we change how we see the world and how we forever interact with those who have Aboriginal Heritage. It is easy to learn because of her gentle ways, and her respect for all people.”

~workshop participant

Note to workshop host: Prior to the workshop, participants need to understand that we will be addressing Residential School and its affects in an in-depth way. Participation may trigger unresolved grief and loss issues for some. It is imperative that participants know that in advance and have an understanding that coming to the workshop is not mandatory; it is their choice. It is also recommended that options to access support after the workshop are provided.

