

Grant Application

2025-26 Social Meals

The following one-year grant application covers the period from April 1, 2025 to March 31, 2026. Before completing the application form, we strongly recommend that you and your team read the entire application first.

Please note that the application must be completed and submitted **electronically** in the Salesforce granting platform, by **March 7, 2025**. All sections of the application are required unless marked as "Optional". Please double-check that all your documents have been submitted. **Once submitted, any further edits will not be updated unless specifically requested.**

Please note that the information that you provide on this form and supporting documents may be used to share information with others outside of United Way British Columbia such as funders, government, and the sector for purposes related to reviews, evaluations, research, advocacy, and other works of United Way British Columbia.

For details on the Social Meals Enhancement Grant, including background, guiding principles, funding summary, and criteria, please visit the [CORE BC Funding Opportunity](#).

If you have any questions regarding this grant, please contact your UWBC Healthy Aging Specialist:

Vancouver, North Shore, Richmond, Sea to Sky & Sunshine Coast
 Dr. Beverley Pitman
beverleyp@uwbc.ca
 604.969.8331

Burnaby, New Westminister, Tri-Cities, Surrey, Langley, Maple Ridge & Fraser Valley
 Dr. Indira Riadi
indirar@uwbc.ca
 604.268.1342

Vancouver Island & Gulf Islands
 Cheryl Baldwin
cherylb@uwbc.ca
 250.591.8731

Interior BC
 Lisa Cyr
lcyr@uwbc.ca
 250.860.2356

Northern BC
 Sarrah Storey
sarrahs@uwbc.ca
 250.699.1681

For technical inquiries, please contact Mai Nguyen, Coordinator, Impact & Granting, at main@uwbc.ca.

Reporting and Granting Requirements	Deadline	Period
2025-26 Grant Application	March 7, 2025	April 1, 2025 - March 31, 2026
Quarterly Report 1	July 31, 2025	April 1 - June 30, 2025
Quarterly Report 2	October 31, 2025	July 1 - September 30, 2025
Quarterly Report 3	January 30, 2026	October 1 - December 31, 2025
2025-26 Final Outcome Report	May 8, 2026	April 1, 2025 - March 31, 2026

GRANT APPLICATION

SECTION 1: ORGANIZATION INFORMATION

1.1 GENERAL ORGANIZATION INFORMATION

Organization name: Pre-population

Organization website: _____

Street address: _____

City: _____

Province: Pre-population

Postal code: _____

Region:

- Central & Northern Vancouver Island
- Lower Mainland, Sea to Sky, & Fraser Valley
- Northern British Columbia
- Southern Interior
- Southern Vancouver Island
- Thompson-Nicola-Cariboo

Health authority:

- FHA
- FNHA
- IHA
- NHA
- VCH
- VIHA

Telephone: _____

Fax: _____

BC Society # (Leave blank if not applicable): _____

Charitable registration # (Leave blank if not applicable): _____

First Nations Band # (Leave blank if not applicable): _____

Indigenous governing body? Y/N

Indigenous-led organization: Y/N

If you do not have a Charitable Registration number, a BC Society number or a First Nations Band number, please identify what your legal organization status is (Leave blank if not applicable): _____

Year organization was founded (Leave blank if not applicable): _____

Is your workplace unionized?

- Yes
- No

If yes, what local? _____

Executive Director: _____

Executive Director Email: _____

Organization Description / Mandate:

1.2 APPLICANT INFORMATION

Name of primary contact for this grant application: _____

Title: _____

Primary contact telephone: _____

Primary contact email address: _____

1.3 TWO DESIGNATED LOA SIGNEES

Please note, if your application is successful, these are the two people we will be reaching out to for signatures on the LOA.

First Signee: Board President/Chair, Chief, or designate

Name: _____

Title: _____

Telephone: _____

Email address: _____

Second Signee: CEO, Executive Director, Senior Administrator, or designate

Name: _____

Title: _____

Telephone: _____

Email address: _____

SECTION 2: PROGRAM INFORMATION

2.1 GENERAL PROGRAM INFORMATION

Please select the proposed approach you are applying for:

- Enhanced Service
Strengthen existing program/service by adding new elements and/or increasing service levels
- New Service
Design/Implement a new service that provides shared meals for (and with) seniors from priority populations

Program name: _____

Program website (if applicable): _____

Program social media links and handles:

- Facebook (if applicable): _____
- Instagram (if applicable): _____
- Twitter (if applicable): _____
- YouTube (if applicable): _____
- LinkedIn (if applicable): _____
- Other (please describe, if applicable): _____

Program Description / Mandate: Please provide a brief description of the program. Include who the program will benefit and how (150 words max):

Please list key deliverables of the program (150 words max):

Please list all the program sites (addresses) where the program will take place.

2.2 PROGRAM RATIONALE & TARGETS

Please see the [Healthy Aging Theory of Change \(TOC\) diagram](#) and accompanying narrative. This TOC is a visual depiction of the how the Community-Based Seniors' Services (CBSS) sector and Healthy Aging programs can collectively achieve Key Outcomes, Vision, and Impact.

Please describe how your program will address Healthy Aging stated objectives/goals/key outcomes, how your program will address each goal, and the estimated timeline/milestones. Please provide **3 or more** goals/objectives, per the list below:

Objective/Goal/Key Outcome	How will your program address each goal?	Estimated timelines/milestones	Additional Information (leave blank if not applicable)
Enhanced collaboration and coordination within the CBSS sector			
Enhanced collaboration and coordination with the health care system			
Holistically meet the needs of seniors, Elders, and their caregivers			
Improvements made in the Determinants of Healthy Aging (see TOC)			

Reduced health inequities (i.e. serving priority populations)			
More seniors and Elders age safely and independently at home, in community			
Reduced healthcare utilization and associated costs (i.e. seniors self report fewer doctor visits etc.)			
Other goal(s) - please describe your other goal(s) and plan to address each goal in the text box on the right (repeatable field)			

Is this program being delivered through a funding partnership with other agencies? (e.g. flow-through funding to another organization providing Social Meals services within your Community Collaborative, etc.) - Yes or No

If yes:

Please indicate ALL organizations/groups where there is funding committed from this grant. Please indicate the organizations' contact name, contact email, purpose of collaboration/partnership, and funding amount. **Please note: United Way BC will collect and store signed Memorandums of Understanding (MOUs) for the agencies and amounts identified below.**

Organization Name	Organization Contact First Name	Organization Contact Last Name	Organization Contact Email	Funding Amount	Collaboration Types/Purpose of Collaboration.

Partnership Organization Address	City	Province	Postal Code	Country	
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If no:

Please provide a description of how your program will encourage new partnerships.

****If your organization is new to United Way Healthy Aging funding, you will be asked to identify your Community Collaborative partners in an upcoming Outcome Report.***

Who will be the main individuals (by role/function) involved in overseeing the program, including the budget?

All funded programs will be required to participate in United Way BC's Learning & Evaluation (L&E) activities, including but not limited to outcome reports, participation in Communities of Practice (COPs), participant satisfaction surveys, etc. In addition to these, does your agency have existing methods you use to measure the success of your programs?

How frequently will services be provided? (e.g.: ten social engagements equaling fifty meals provided per month)

Please provide an estimate for participants, volunteers, and services you will track during the funding period by indicating a target in the boxes provided below. Note that United Way BC will be working in collaboration with funded agencies to set benchmark targets for all funding streams in the 2025-26 fiscal year. *You may be asked to revisit these if your application is successful.*

Number of unique individuals served: _____

Number of volunteers recruited: _____

Number of social meals provided: _____

**Grant-specific targets:
Social Meals Services**

1-to-1 shared meal (meals shared with staff/volunteer): _____

Group meal events: _____

Other grant specific targets (Please input total of all other services): _____

Number of unique services provided (*This is the total of all services in the services section*): _____

2.3 HEALTHY AGING INTENDED PRIORITY POPULATIONS

Services will be aimed at community-dwelling seniors living in BC, and funded agencies should prioritize the delivery of services to seniors who are experiencing two or more of the following priority seniors' populations. For more information, please view the Healthy Aging Priority Population Definitions on [Healthy Aging CORE BC](#).

***Healthy Aging Intended Priority Populations

Low to modest income

(Seniors who have challenges affording items like (i) adequate food, (ii) monthly mortgage/rent, (iii) sufficient home heat, (iv) prescribed medication, (v) transportation, (vi) other required prescribed health care.)

Low to moderate frailty

(People who need help with finances, transportation, heavy housework and similar tasks of daily living. Typically, mild frailty progressively impairs shopping, and walking outside alone, meal preparation, taking medications and begins to restrict light housework. Those with moderate frailty may need assistance with some aspects of personal care from the healthcare system or family/friend caregivers (adapted from the [Clinical Frailty Scale \(Rockwood\)](#).)

Socially isolated/lonely

(A socially isolated senior is one who describes themselves as alone, disconnected from life and community, with reduced ability to participate and enjoy life as they have in the past. Challenges can include physical or mental health issues, mobility challenges (using a walker or cane), loss of a driver's license, a recent move, challenges with digital literacy, or loss of a partner, friends, community members, etc.)

Members of underserved/equity deserving groups

Caregivers

Cultural and/or linguistic barriers

Deaf and Hard of Hearing

Experiencing elder abuse

Experiencing mobility barriers

2SLGBTQIA+

Newcomers: Temporary Residents

People with disabilities

Permanent Residents (immigrants and refugees)

Risk of homelessness

Risk/experiencing mental health issues

Risk/experiencing physical health issues

Women

Workers in the informal labour market

Other:

Briefly describe your strategies in serving Healthy Aging's priority populations, as described above (250 words max):

Please indicate the age range(s) of the populations you intend to serve in this program:

- <55
- 55-64
- 65-74
- 75-84
- 85+

Please select all the following sub-populations you plan to serve:

***Indigenous Peoples:

- Indigenous: First Nations
- Indigenous: Inuit
- Indigenous: Métis
- Indigenous: On-Reserve
- Indigenous: Off-Reserve and away-from-home

***Represented Communities:

- Black
- East Asian (e.g. Chinese, Japanese, or Korean)
- Latin, Central, or South American
- South Asian
- Southeast Asian (e.g. Vietnamese, Filipino)
- West Asian/Middle Eastern (e.g. Iranian, Afghan)
- White

Groups not otherwise mentioned: _____

2.4 GEOGRAPHIC SERVING REGION(S)

Please select the service delivery area(s) - please select all that apply:

- Urban
- Rural
- Remote

Please select all the regions you plan to serve in this program:

Central & Northern Vancouver Island

- Alert Bay
- Campbell River

- Comox
- Courtenay
- Cowichan Valley
- Denman Island
- Duncan
- Gibsons
- Gold River
- Hornby Island
- Ladysmith
- Nanaimo
- Parksville
- Port Alberni
- Port Alice
- Port Hardy
- Port McNeill
- Powell River
- Qualicum
- Royston
- Sayward
- Sointula
- Tahsis
- Tofino
- Ucluelet
- Union Bay
- Woss
- First Nation Reserves/Treaty Settlement Lands
If selected, please specify in the open text box below.
- Towns/Villages not listed
If selected, please specify in the open text box below.

Lower Mainland, Sea to Sky, & Fraser Valley

- Abbotsford
- Burnaby
- Chilliwack
- Coquitlam
- Delta
- Langley City
- Langley Township
- Maple Ridge
- New Westminster
- North Vancouver City
- North Vancouver District
- Pitt Meadows
- Port Coquitlam
- Port Moody
- Richmond

- Squamish
- Surrey
- Vancouver
- West Vancouver
- Whistler
- White Rock
- First Nation Reserves/Treaty Settlement Lands
If selected, please specify in the open text box below.
- Towns/Villages not listed
If selected, please specify in the open text box below.

Northern British Columbia

- Burns Lake
- Chetwynd
- Dawson Creek
- Fort Nelson
- Fort St. James
- Fort St. John
- Fraser Lake
- Granisle
- Hazelton
- Houston
- Hudson's Hope
- Kispiox
- Kitimat
- Mackenzie
- McBride
- New Hazelton
- Prince George
- Prince Rupert
- Quesnel
- Smithers
- Terrace
- Tumbler Ridge
- Valemount
- Vanderhoof
- First Nation Reserves/Treaty Settlement Lands
If selected, please specify in the open text box below.
- Towns/Villages not listed
If selected, please specify in the open text box below.

Southern Interior

- Armstrong
- Castlegar
- Cranbrook
- Enderby

- Fernie
- Grand Forks
- Greenwood
- Kelowna
- Keremeos
- Kimberley
- Nelson
- Oliver
- Osoyoos
- Penticton
- Princeton
- Revelstoke
- Rosland
- Salmon Arm
- Trail
- Vernon
- West Kelowna
- First Nation Reserves/Treaty Settlement Lands
If selected, please specify in the open text box below.
- Towns/Villages not listed
If selected, please specify in the open text box below.

Southern Vancouver Island

- Esquimalt
- Galiano Island
- Pender Island
- Saanich
- Salt Spring Island
- Saturna Island
- Sooke
- Victoria
- First Nation Reserves/Treaty Settlement Lands
If selected, please specify in the open text box below.
- Towns/Villages not listed
If selected, please specify in the open text box below.

Thompson-Nicola-Cariboo

- 100 Mile House
- Ashcroft
- Barriere
- Clearwater
- Kamloops
- Lillooet
- Logan Lake
- Lytton
- Merritt

- Williams Lake
- First Nation Reserves/Treaty Settlement Lands
If selected, please specify in the open text box below.
- Towns/Villages not listed
If selected, please specify in the open text box below.

Please specify all communities (cities, towns, villages, municipalities, regional districts, First Nations Reserves, and Treaty Settlement Lands) that fall within your program’s service delivery area. Please be as detailed as possible:

SECTION 3: FINANCIAL INFORMATION

All number fields should include numbers only. No commas or \$ symbols should be entered.

3.1 PROPOSED BUDGET - USE OF UWBC FUNDS

Proposed Budget - 2025-2026 Social Meals - Use of UWBC Funds (account of UWBC funds only)

• Minimum \$10,000 - Maximum \$50,000

Line	Item	Description	Proposed amount (\$)	Actual amount (\$)	Side
50	UWBC funds	Amount requested and approved from UWBC.	Data validation		Income
102	UWBC funds remaining from prior year (2024-25)	Include the entire amount of UWBC Social Meals funds that your program is carrying forward from 2024-25. For details, please refer to the applicable year's LOA and corresponding schedule.			Income
108	Participant fees	Participant fees that contribute towards your Social Meals program.			Income
150	Administration	Include any amount up to 12% of Line 50.	Data validation		Expense
200	Salaries/benefits	May include: <ul style="list-style-type: none"> • Program staff - coordinators • Program staff - service providers 			Expense
300	Volunteer costs	May include: <ul style="list-style-type: none"> • Recognition activities/events 			Expense

		<ul style="list-style-type: none"> • Volunteer training/capacity building • Criminal record checks for volunteers • Honoraria <p>Note: Travel reimbursement for volunteers should be listed under 'Travel - staff & non-staff' Line 600.</p>			
350	Honoraria	Non-volunteer honoraria			Expense
400	Contractor fees	Contractor fees for service delivery.			Expense
500	Program expenses*	<p>May include:</p> <ul style="list-style-type: none"> • Capacity building/training for program staff • Marketing/public awareness <ul style="list-style-type: none"> ○ Design and printing/copying brochures ○ Paid advertisements (print, radio, televised, online) ○ Community resource guides and distributions ○ Presentations and events in community ○ Host organization newsletters, websites, social media ○ Mail-outs <p>Note: Do not include capital costs such as acquisition of physical assets such as vehicles, databases, property, buildings, and/or equipment.</p>			Expense
550	Direct purchase of food	Amount to be spent on the direct purchase of food.			Expense
600	Travel - staff & non-staff	<p>May include:</p> <ul style="list-style-type: none"> • Volunteer mileage/travel reimbursements • Contractor travel 			Expense
700	Other expenses*	*Provide breakdown in the Comments section below			Expense
	Total Income		Auto-calculation		
	Total Expenses		Auto-calculation		
	Surplus/Deficit	Note: This proposed budget must balance.	Auto-calculation		

	Comments: PLEASE PROVIDE A DETAILED BREAKDOWN OF YOUR ADMINISTRATION (including rent, if applicable), PROGRAM EXPENSES AND OTHER EXPENSES HERE.	
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SECTION 4: SUPPLEMENTAL INFORMATION

4.1 ADDITIONAL COMMENTS - OPTIONAL

4.2 ADDITIONAL ATTACHMENTS (ATTACH DOCUMENTS) - OPTIONAL

Upload any other documents you wish to append to your application.

Please use this naming protocol for your file: (Variable) GrantName Year_Your Agency Name