



BC ASSOCIATION OF

# Community Response Networks

*Stopping Adult Abuse and Neglect ...Together.*

## Resources about Extreme Clutter FOR FRIENDS, FAMILY AND AGENCIES



### General Facts

- **International OCD Foundation:**
  - [Brochure](#)
  - [Fact Sheet](#)
  - [Website](#)
- **[Maclean Hospital - USA](#)**
- **[HealthLink BC](#)**

### Specific Aspects

- **[Differences: Hoarding / Collecting / Clutter / Squalor](#)**
- **[Information on Hoarding Disorder](#)**
- **[Severity of Clutter - Clutter Rating Scale](#)** International OCD Foundation.



### Family Members Help

- **[International OCD Foundation](#)**
- **[MIND UK](#)**
- **[Webinar for Families](#)** Tompkins, M. A. (2020). *Helping People Who Hoard: Alternatives to Nagging, Pleading, and Threatening*. [Webinar]. Online IOCD Foundation Hoarding Meeting.

### For Community Responders

- **[Community Responder Information](#)**
- **[Compassionate and Appropriate Clean Out Practices](#)** Kysow, K., Woody, S., Bratiotis, C. (2024). *Clean-outs as a strategy for community agencies to address hoarding*. Centre for Collaborative Research on Hoarding The University of British Columbia.



### Articles

- **[BC Association of Clinical Counselors](#)** Anderson, M. S. (2019). Hoarding: From an Act of acquiring to a Failure to Recognize Waste. *Insights Magazine BCACC*, Spring, P.6-9.
- **[National Institutes of Health](#)**

### Videos

- **[Dr. David Tolin Video](#)** West Hartford Community Interactive. (2018, October). *Understanding Hoarding*. [Video]. YouTube.
- **[Dr. R Frost Video](#)** International OCD Foundation. (2012, April 26). *Classic Profile of Hoarding Disorder*. [Video]. YouTube.



**FOR ACADEMIC PAPERS & REPORTS SEE EXTREME CLUTTER REFERENCES**