

Community Partners in Action Innisfail



**"The Weirder the Mix
The Better the Fix"**

Connecting People and Community for Living Well

- Family & Community Support Services – offers preventative programs that assist with social connection, group support
- Age Friendly Committee – provides a dynamic process for stakeholders to collaborate and create an inclusive community for our citizens

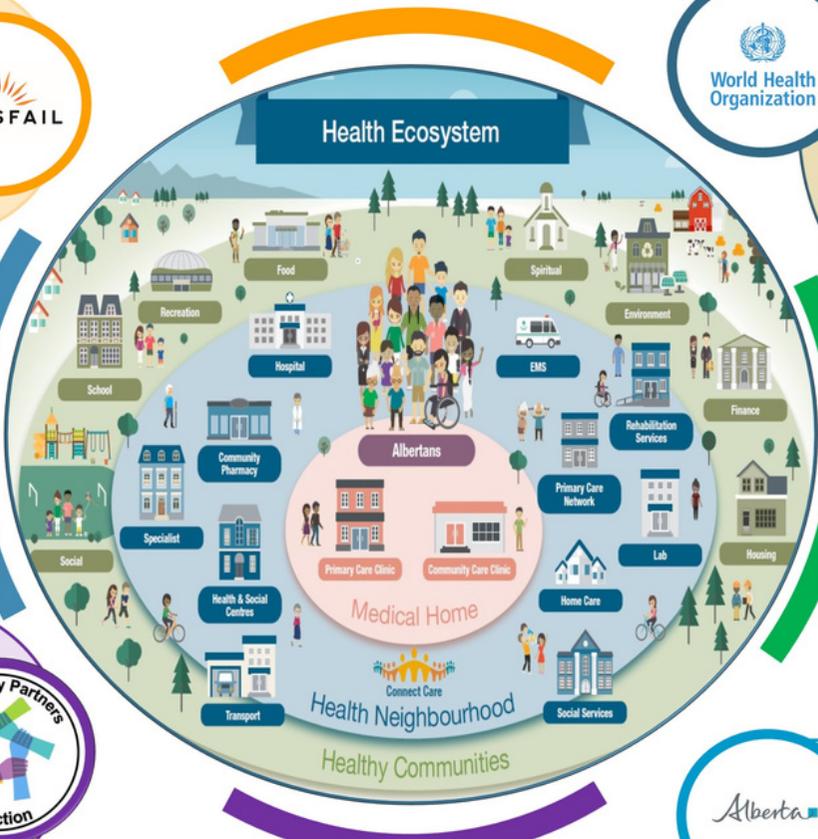


- Healthy Aging Program
- Physicians
- Exercise Specialist
- Mental Health Therapists
- Foot Care Program
- Dementia Friendly Community
- [Senior Information Hub](#)



A collaborative partnership of multi-organizations who seek out and implement grassroots solutions to integrated community based health and social services.

- Community Partners: Alberta Health Services, Wolf Creek Primary Care Network, FCSS, Town of Innisfail, People living with Dementia & their Care partners



What influences health in older adults?



[Decade of healthy ageing: baseline report \(who.int\)](#)



- Home Care
- Seniors Mental Health
- Allied Health
- Strategic Clinical Networks
- [PHG ISGI – Connecting People and Community for Living Well](#)
- [Health Canada Grant](#) Innisfail one of five rural communities participating
- [Pandemic Response Case Studies](#) – Innisfail Team
- [Local Community Stories](#) - Collaboration brings programs into Innisfail



[Alberta Dementia Strategy Plan](#)

Source: Primary Health Care, Alberta Health Services
PHC@albertahealthservices.ca

Source: Ageing and Health – What you need to know (infographic) World Health Organization



**Development of the
Healthy Aging Program
Frailty Screening**



**Proposal/Presentation to AHS to
recruit a Community Recreation
Therapist
February 2019**

Seniors Health Strategic Clinical Network
Primary Health Care Integrated Geriatric Services Initiative – Community Coalition
Innisfail, Alberta



**Community Conversations to
support people living with
Dementia
February 2018**





Creation of the Community Partners in Action
Successful application of the SPARKS grant to create a Dementia Friendly Community
November 2019



DFC Launch: March 2020

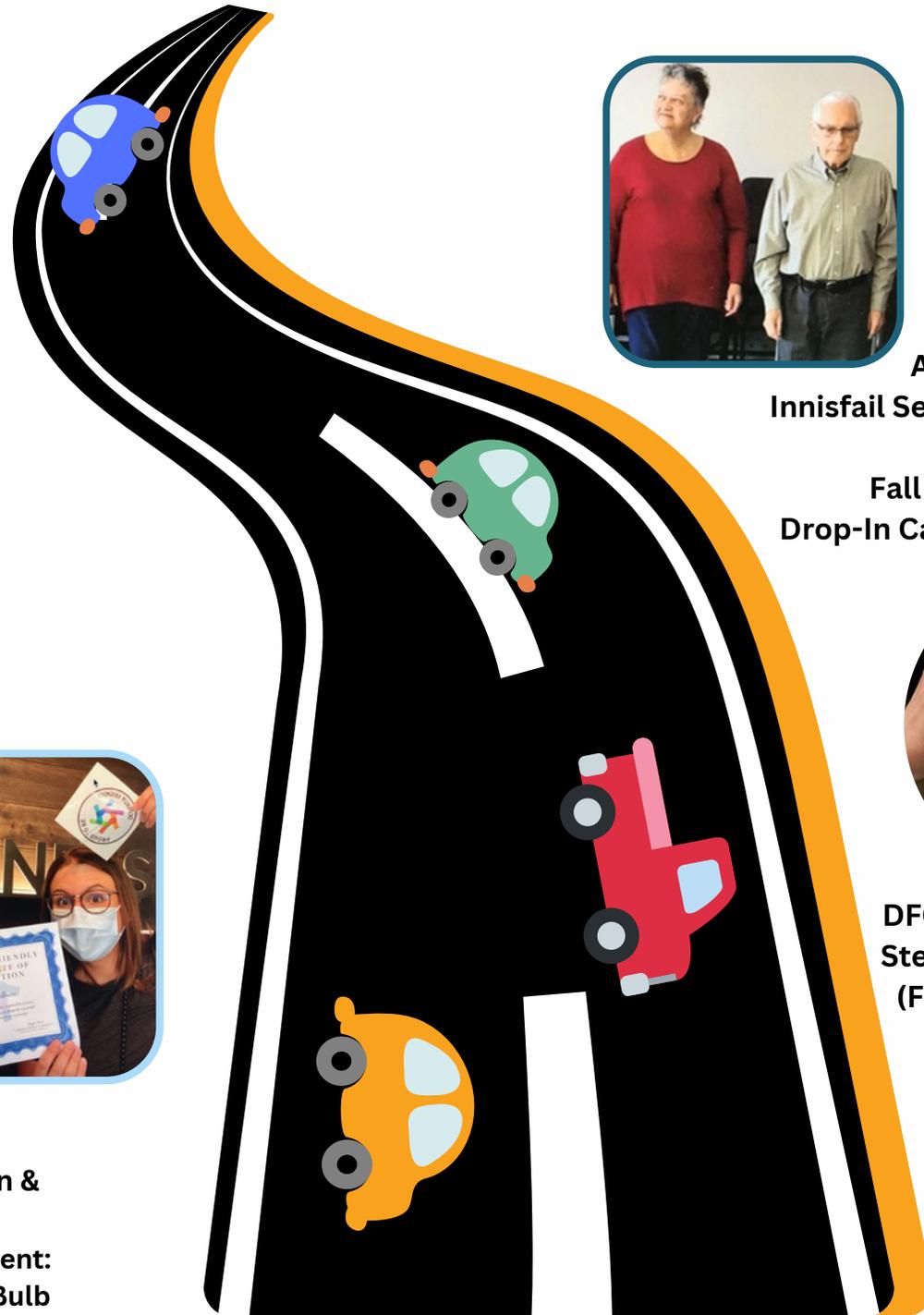
Business Education (in person & virtually)
Community Program Development:
Memory Café, Virtual pen pal, Bulb & Blooms



Early Successes:
Art from the Heart
Innisfail Seniors Community Resource Guide
Fall Prevention Program
Drop-In Care-Partner Support Group



DFC Initiative: January 2020
Steering Committee Created (FCSS, AHS, WPCPN & DFC Coordinator)
Public Awareness & Community Events





**First Responder Engagement & Training
Dementia Friendly Resources Kit development**



**September 2021
RhPAP Rhapsody Health-Care Heroes Award
“Innisfail’s Community Partners in Action”**

**CELEBRATING Innisfail’s achievements in
Becoming a Dementia Friendly Community!**



**COVID 19
Pivoting of DFC action plan
Creation of Let's Connect (Virtual programming)**



**Successful Grant applications
to support programs :
Program supplies
sustainability of virtual
programming
Men's Shed**



SUCCESSSES

- **Person Centred Care**
- **Inegrated Community based health and social services**
- **Collaboration, Medical Home, AHS,Town, FCSS & Others**
- **Collaboration in program development**
- **Creative/Innovative thinking**
- **Grant Applications**



Community Partners in Action's Contributions to Innisfail

from 2019- 2022

\$115,889.95

AHS - PHC IGSI	\$1000.00
SPARKS GRANT	\$50,000.00
CABHI- Center for Brain Health Innovation	
Innisfail FCSS Grant	\$3,081.95
Rotary of Innisfail Donation	\$2208.00
2021 Horizon Grant	\$25,000.00
RhPAP Rural Health Care Hero's Donation	\$2,500.00
Gift Loft Donation	\$600.00
McKechnie Memorial Donation	\$500.00
AHS - Canada Grant	\$6,000.00
2022 Horizon Grant	\$25,000.00



CHALLENGES



- Engagement of community partners
- Off side of desk activities
- Key people leave the group
- Culture change, professional and public
- Who to include (e.g. stakeholder's)
- Pandemic
- Organization priorities/Minimal Support from Leadership
- Evaluation
- Relying on grants for monetary support



LESSONS LEARNED

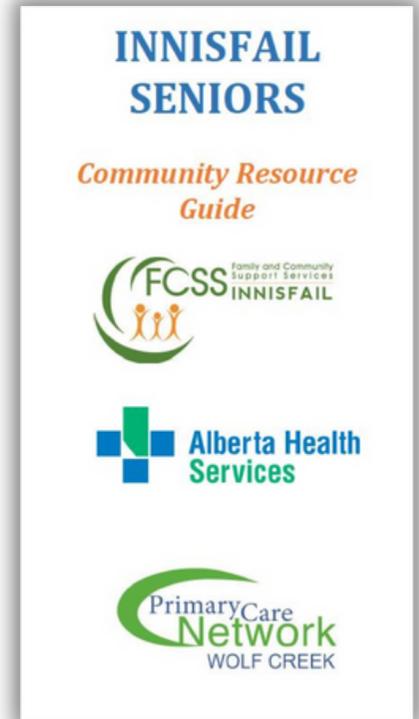
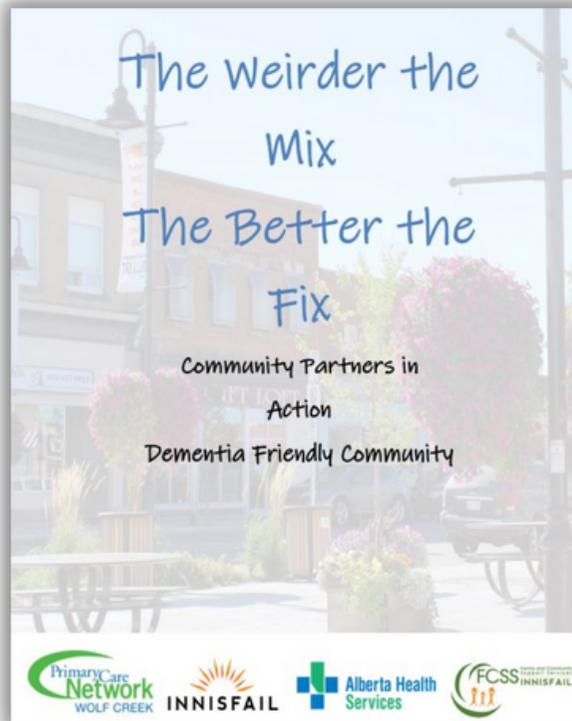
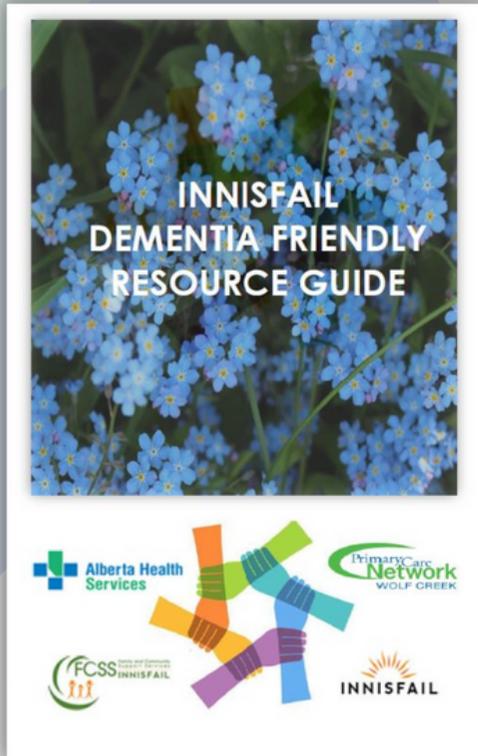


- **Timing and Inclusion**
- **Action planning**
- **Development of process and evaluation**
- **Sustainability**
- **Ongoing communication, sharing with community partners and stakeholders**
- **Ongoing community engagement**
- **Consistent advertising/print stories**

**LESSONS
LEARNED**



Wellbeing Guide Material Domain



Care Partner Cue Cards



Community Programs



The Memory Café
... a social gathering place



Alzheimer/Dementia

Drop-in Care Partner Support Group

We invite you to join us...

Where: Innisfail
Innisfail Historical Village
The History Room
5139 - 42 Street

When: 2nd Monday/month

Time: 1:00pm-2:30pm

This is a drop-in support group for care partners, allowing them to meet with other care partners who are experiencing similar situations. Care partners will have a chance to connect with others and share what is going well and not so well, while talking about any other topics or questions.

For further information, please call Shelby at the Alzheimer Society of Alberta and Northwest Territories at 403-342-0448 ext 704

WWW.ALZHEIMER.SOCIETY.CA | 1-800-761-0147



Community Programs



JANUARY- FEBUARY 2023

Let's Connect!

NEWSLETTER.

Everyone is welcome



Inside this issue:

- this months calendar
- exciting new events
- programs

Innisfail's Community Partners



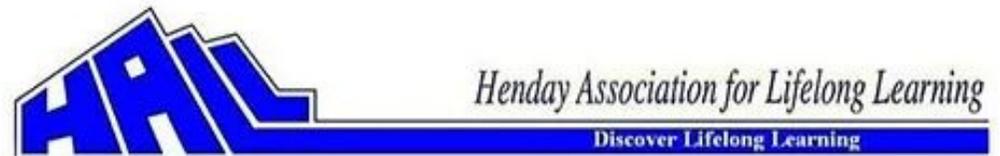
Innisfail Senior Drop-In Society



McMan

Alzheimer Society

ALBERTA AND NORTHWEST TERRITORIES



Thank-you



*A Society that does not value its older people
denies its roots and endangers its future
Let us strive to enhance their capacity to support themselves
as long as possible...*

*And when they cannot do so anymore, to care for them
Nelson Mandela*