PERSONAL PLANNING ONLINE PROGRAM

Every Thursday morning from September 12th to October 24th

WORKSHOP 1: WILLS

- 1. Do YOU have a Will?
- 2. Why is it important to not only have one but keep it up-to-date?
- 3. What is an Executor and do I really need one?

Get answers to these and more questions in this session.

WORKSHOP 2: ADVANCE CARE PLANNING

- Does your family know what matters to you? Are you sure?
- 2. What would happen and who would take charge in a medical crisis if you were unable to speak for yourself?
- 3. Can you rely on family or should you appoint someone legally?

If you want to be prepared, this is the session for you.

WORKSHOP 3: PERSONAL PLANNING THE BIG PICTURE

Congratulations! You have a Will, and you are working on your advance care plan.

- 1. What else would ensure that you get the best support possible, whatever crisis may occur?
- 2. What if you are unable to speak for yourself?
- 3. Who can legally speak for you?

Come and learn what your legal options are.

REGISTRATION OPENS: AUGUST 12, 2024

Register at:

https://seniorshelpingseniors.ca/fall-2024-personal-planning-series/



WORKSHOP 4: REPRESENTATION AGREEMENTS

Most seniors will require personal and healthcare support as they age.

- 1. Do you have a designated individual in mind to help should you need it?
- 2. Have they consented to take on this role?
- 3. How can your choice of spokesperson be made your legal choice?

This session outlines your options.

WORKSHOP 5: POWERS OF ATTORNEY

- 1. Why might I need a Power of Attorney?
- 2. Whom should I ask to take on that role?
- 3. If I cannot look after my financial and legal affairs and do not have a Power of Attorney, what happens?

These questions and more will be answered in this session.

WORKSHOP 6: ADVANCE DIRECTIVES

- 1. Are you an organ donor?
- 2. Does your family know this and agree with the idea?
- 3. Do you have personal and/or religious reasons to refuse specific life-saving interventions in a medical crisis?
- 4. Have you documented these preferences legally?
- 5. What happens if you have not done so?

 Join us to get the answers and find out more.

WORKSHOP 7: PALLIATIVE CARE

Your illness is a debilitating but finite term, but still far too much for your family to help you through on their own.

- 1. Where do you go?
- 2. What is palliative care and how could you access it if needed?
- 3. Is it the right choice for you or for a loved one?

Learn of your options now so you are better prepared should the need arise.

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Join us online as we explore the need for Personal Planning.

This series addresses the wide range of issues that are embedded in 'putting your affairs in order.' This gift of love to your family and friends takes considerable reflection as well as the time and a clear understanding of how to deal with all aspects:

personal, financial, and legal.

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WORKSHOP 1: WILLS

The legal rules for preparing wills in BC are reviewed as are the duties of an executor. Legal terminology and pitfalls to avoid are also discussed.



WORKSHOP 4:

REPRESENTATION AGREEMENTS

The two types of Representation Agreements available in B.C. are presented noting their importance and their similarities and differences.

WORKSHOP 5:

POWERS OF ATTORNEY (POA)

We discuss all four types of Power of Attorney, consider when you might need one, what potential problems there might be, the duties and responsibilities of and how to change your Attorney if needed.

WORKSHOP 6:

ADVANCE DIRECTIVES

An Advance Directive is designed to legally enforce your wishes for or against a very specific medical intervention. How to create one and why you might wish to do so is covered.

WORKSHOP 7: PALLIATIVE CARE

The scope of palliative care is explained. The overall goal is to manage pain and to provide appropriate care to enable the individual to live life to the fullest.

WORKSHOP 2: ADVANCE CARE PLANNING

We explain why planning is important and what your options are for preparing written documents for your future care.

WORKSHOP 3:

PERSONAL PLANNING: THE BIG PICTURE

This session emphasizes the wisdom of planning. It outlines legal, personal, and financial plans you may wish to put in place to ensure that your loved ones follow your wishes and needs.

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