

PARTICIPANT PAIRS NEEDED!

STUDY: Examining the Impact of Remote Monitoring to Support Older Adults to Age-in-Place in B.C.

What is this study about?

This **1-year study** looks at how remote monitoring systems in homes of older adults may improve safety to age-in-place, delay need for long-term care, and enhance support and well-being for caregivers.

Who can participate?

We are looking for **pairs of people** to participate:

- An **older adult (65 years +)** who lives in the community and needs/receives home care or community care support **AND**
- **Their caregiver**, who is a spouse, partner, friend, adult child, or other individual who cares and supports the older adult

*The older adult and caregiver do not need to live in the same household

What would you be asked to do?

As a pair, you and your partner would be asked to:

- Choose 1 of 4 remote monitoring technology options to be installed in your/older adults home
- Take part in 5 telephone surveys (~15 mins/survey) over the year
- Have 2 conversations about your experiences with the remote monitoring system with researchers

The technology chosen will **be free of charge** and there will be **no cost to participants**. The participant pair (older adult and caregiver) will receive a **\$200 honorarium** for taking part in the study.

If you would like to learn more, ask questions, or participate, please contact:

email: ctaabcp3@unbc.ca
phone: 250.960.6143

This study has been designed in collaboration with the following partners:



This study has been reviewed by the Research Ethics Board at the University of Northern British Columbia
Email: research@unbc.ca | Phone: 250-960-6735