



Invitation to Participate:
**Balancing acts: Navigating informal care partnerships to prevent falls
among community-dwelling older adults**

Help us improve a survey about aging, independence, and fall prevention

Are you 65 or older and living in the community (not in assisted living or long-term care)? We'd like your help to make sure a survey for older adults is clear, respectful, and easy to understand.

We're inviting older adults across British Columbia to take part in a one-on-one interview (about 30–45 minutes, by phone or videoconference). In the session, you'll be asked to read survey questions out loud, share how you interpret them, and let us know if anything is confusing or unclear.

Your feedback will help refine the survey before it is shared more widely across BC.

To participate, you must be:

- 65 or older
- Living in BC
- Living in the community (not in assisted living or long-term care)

As a thank you, you'll receive a \$15 virtual coffee card (Tim Hortons or Starbucks, your choice), emailed to you within one week after your interview.

This research is part of a doctoral dissertation at the University of British Columbia, funded by the Provincial Health Services Authority. The Principal Investigator is Dr. Ian Pike, Professor Emeritus, Department of Pediatrics, Faculty of Medicine, University of British Columbia.

To learn more or sign up for an interview, please contact:
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