



# Safety & Security

FEELING SAFE AT HOME AND IN THE COMMUNITY, WITH SUPPORTS IN PLACE TO REDUCE RISKS, ENHANCE ABILITY TO AGE IN PLACE, AND PROTECT WELLBEING AS PEOPLE AGE.



Home Maintenance



Light Housekeeping



Emergency Preparedness

## Why does safety and security matter?

- Most seniors want to age in place in their own homes and communities.
- Common barriers to aging in place in the home environment that seniors identify include cleaning, outdoor tasks, fall risks, and home maintenance.
- Research shows that the safety and ability of seniors to age in place can be enhanced by addressing physical safety (e.g., home modifications or repairs), as well as psychological safety factors (e.g., having trusted people to assist you within the home).

## Healthy Aging Program Example

Agency: Tansi Friendship Centre Society  
Healthy Aging Program Stream: Better at Home

At 94, George lives alone in Chetwynd with family far away. Through Better at Home, he now receives regular help with groceries, housekeeping, and wellness check-ins. This support allows him to remain safe in his home while giving his family peace of mind.

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## Learn more about safety & security on Healthy Aging CORE BC:

[Report] [Enabling Aging in Place Promising Practices: Better at Home](#)

[Toolkit] [Aging in Place](#)

[Guide] [Working Together in An Emergency - Social Sector Activation Guide](#)

[Guide] [Emergency Preparedness Guide: What Seniors Need to Know](#)

[Decision Tree] [When Local Won't Do: Referrals for Vulnerable Adults in BC](#)

[Toolkit] [Elder Abuse Awareness & Prevention Toolkit](#)