



2025 CORE Research Roundup

*United Way BC acknowledges
the homelands
of the Indigenous Peoples
of this place we now call
Canada, and honour the many
territorial keepers of the Lands
on which we work.*



United Way
British Columbia

Webinar Instructions

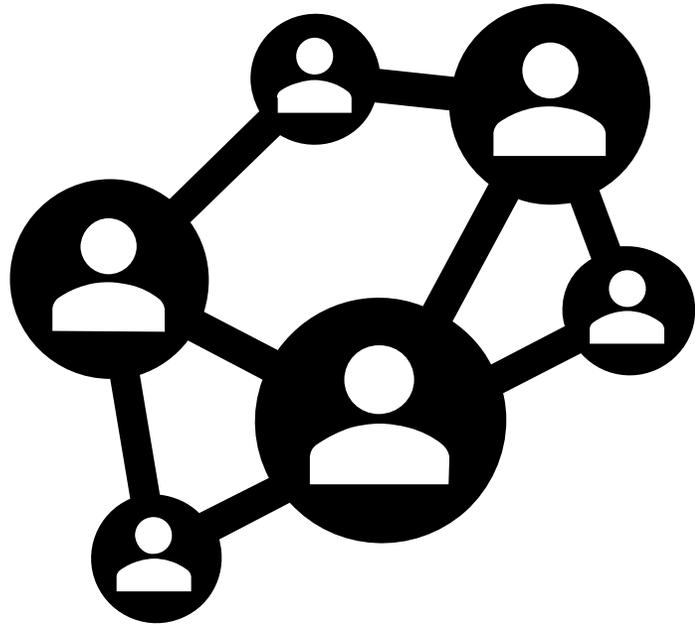
- Everyone will **remain muted**.
- Feel free to **introduce yourself** in the Chatbox (e.g., name, pronouns, organization, territories you are calling from).
- You can turn on automatic closed captioning using the **CC feature** in the toolbar.
- Please use the “**Q&A**” feature to ask questions at any time.
- The webinar is being recorded and will be posted on [Healthy Aging CORE](#) – slides will also be made available.



Presentation Agenda

- Presentation will highlight some key research on aging and older adults from 2025 that was shared on CORE BC on several topics:
 - Social Connection
 - Housing & Income Security
 - Aging in Place
- List of links to all the resources on CORE BC will be shared out

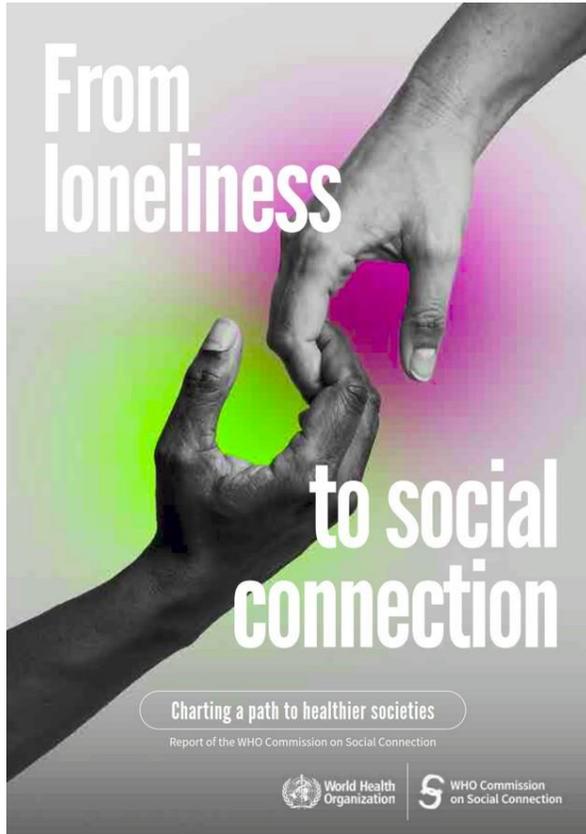




Social Connection



WHO Commission on Social Connection – From Loneliness to Social Connection



Loneliness

- Feeling your relationships do not match your needs
- **12%** of older people

Social Isolation

- Having few relationships or social interactions
- **25-34%** of older people

Social Connection

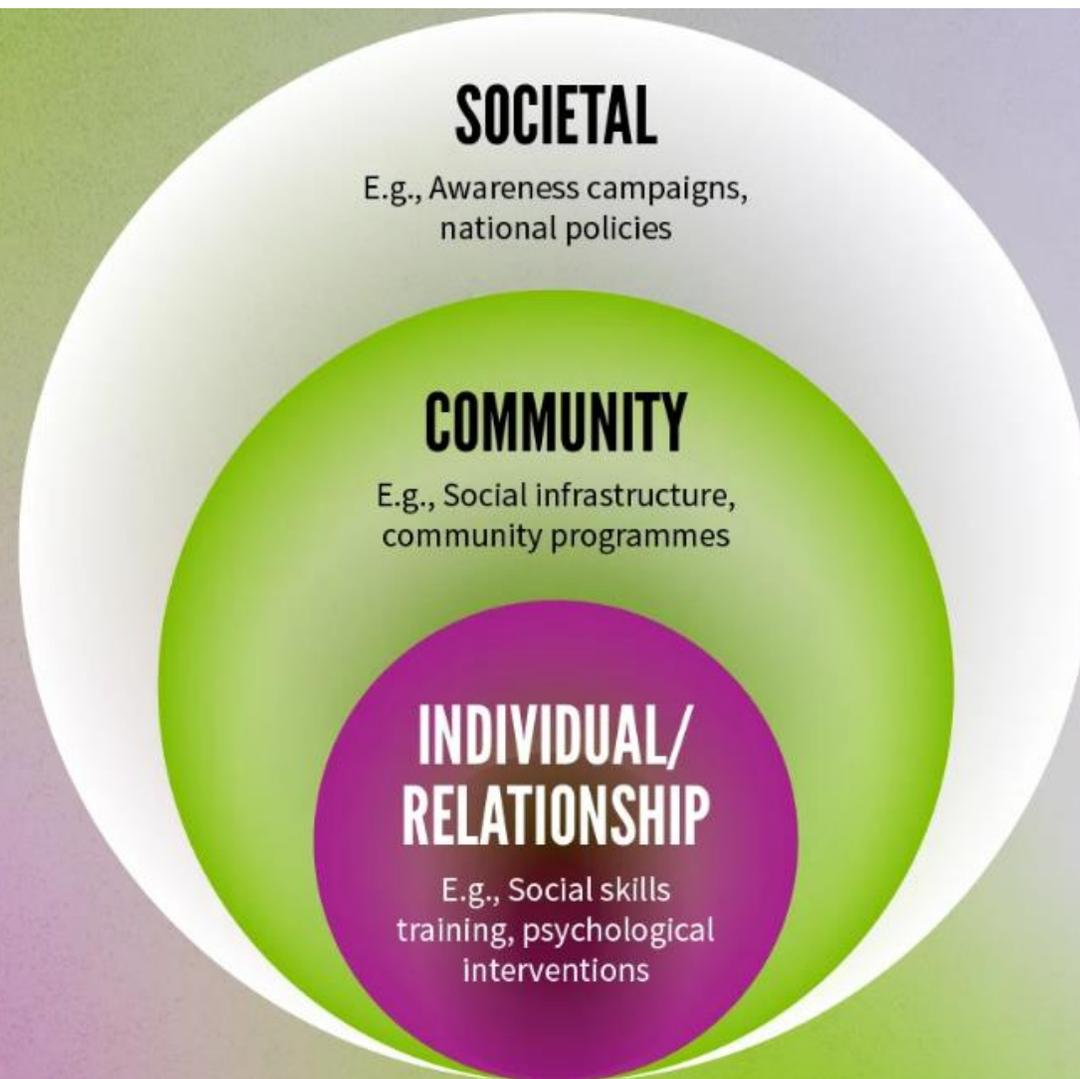
- Relating to and interacting with others
- **75%** of older people



DRIVERS OF SOCIAL ISOLATION AND LONELINESS



SOLUTIONS TO STRENGTHEN SOCIAL CONNECTION



World Happiness Report 2025 – How Sharing Meals Promotes Happiness



World Happiness Report

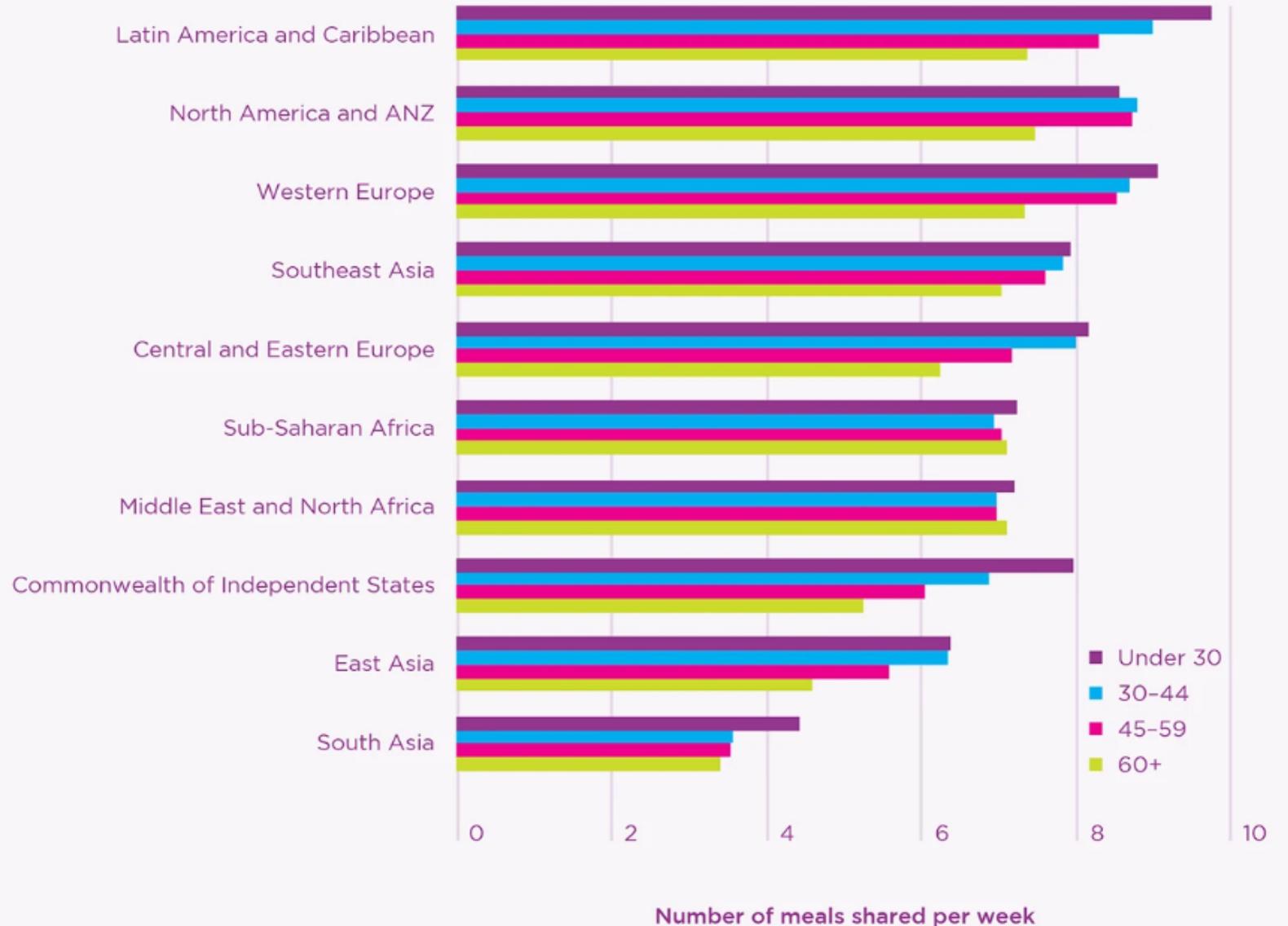
SHARING MEALS WITH OTHERS

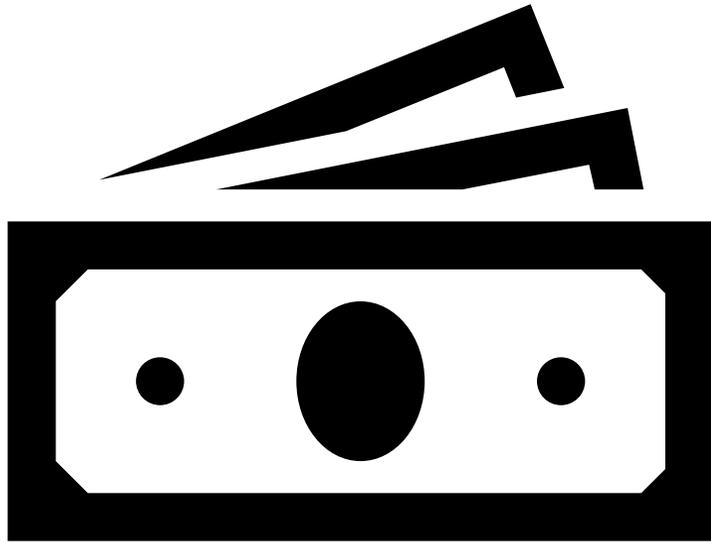
How sharing meals
supports happiness
and social connections



World Happiness Report 2025: How Sharing Meals Promotes Happiness

Figure 3.3: Meal sharing by region and age
Gallup World Poll (2022–2023)





Housing & Income Security



2025 Point-in-Time Homeless Counts

- **677** homeless seniors in Greater Vancouver Homeless Count
 - About half experiencing first time homelessness as a senior
- Data available on 20+ other communities
- AHMA has created a PiT Count Dashboard



BC Policy Solutions – Rising poverty and economic insecurity among BC seniors

- Half of seniors in live on an after-tax income of **less than \$35,000** per year
- **15.5%** of seniors are low-income

Figure 1: BC Seniors' Poverty Rate, 1976 to 2023 (Low Income Measure After Tax)

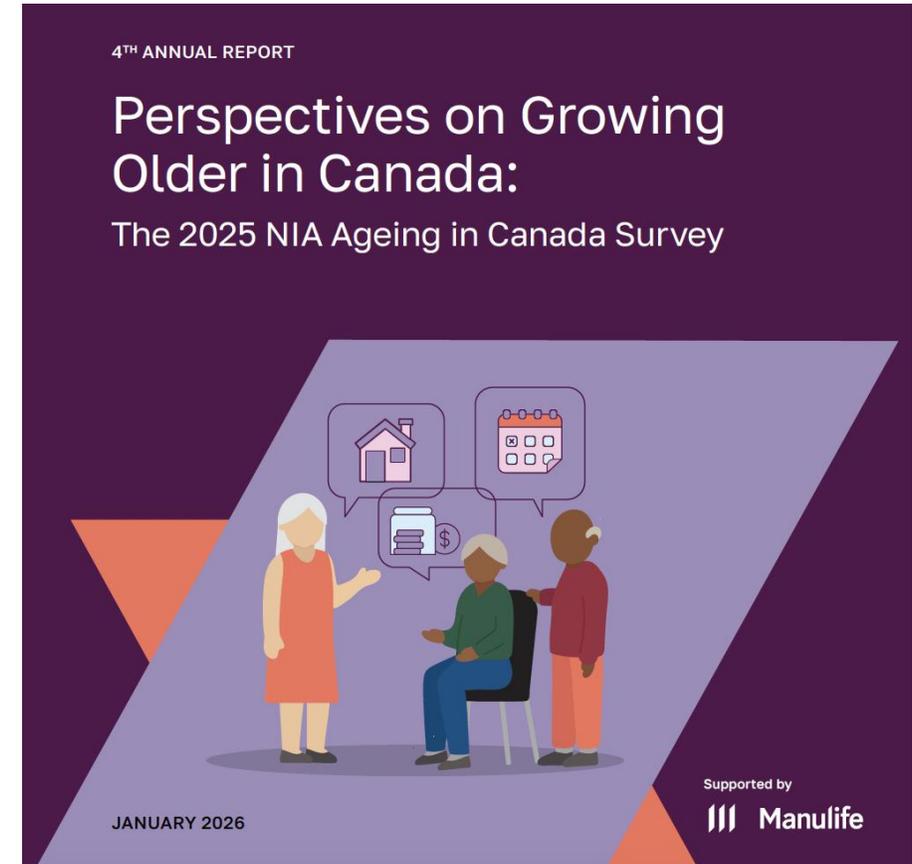


Chart: Iglia Ivanova, BC Policy Solutions. • Source: [Statistics Canada, 2025. Table 11-10-0135-01: Low income statistics by age, sex and economic family type.](#) • [Get the data](#) • Created with [Datawrapper](#)



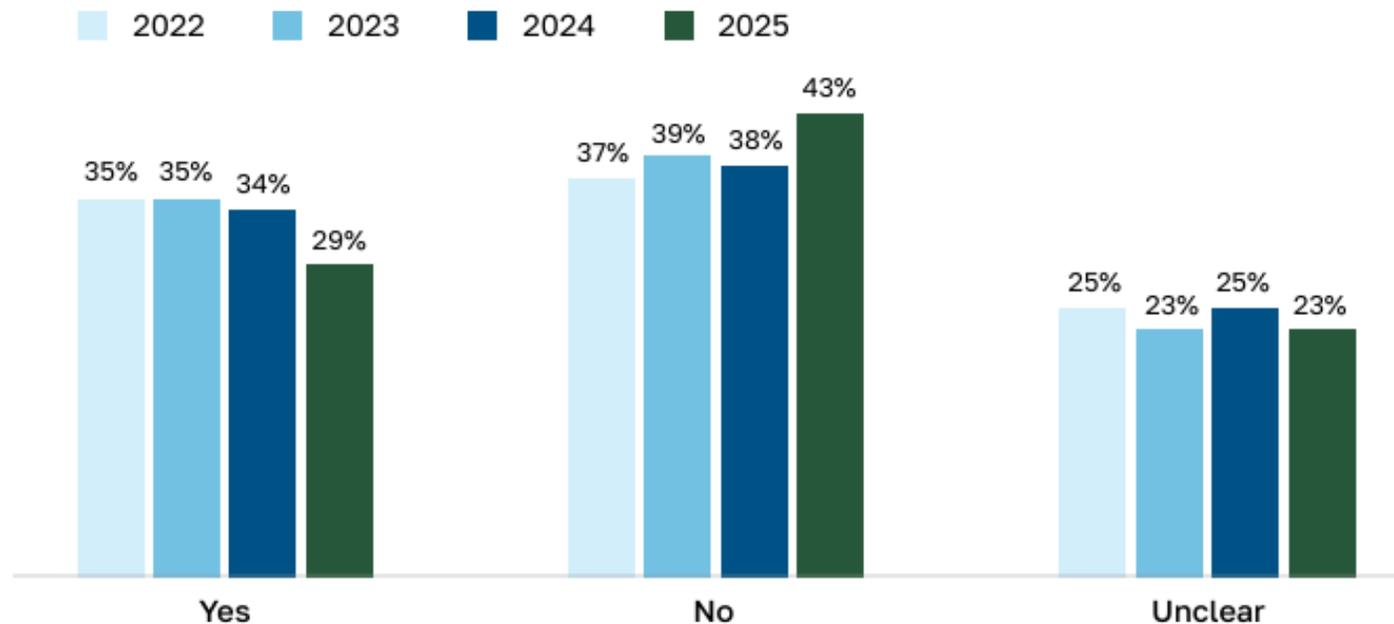
National Institute on Ageing – 2025 Ageing in Canada Survey

- Adequacy of income:
 - **22%** income not enough
 - **18%** could not cover an unexpected expense of \$500
 - **7%** cannot pay their bills on time



National Institute on Ageing – 2025 Ageing in Canada Survey

Figure 28. Percentage of Canadians aged 50 and older who can afford to retire when they want, 2022-25



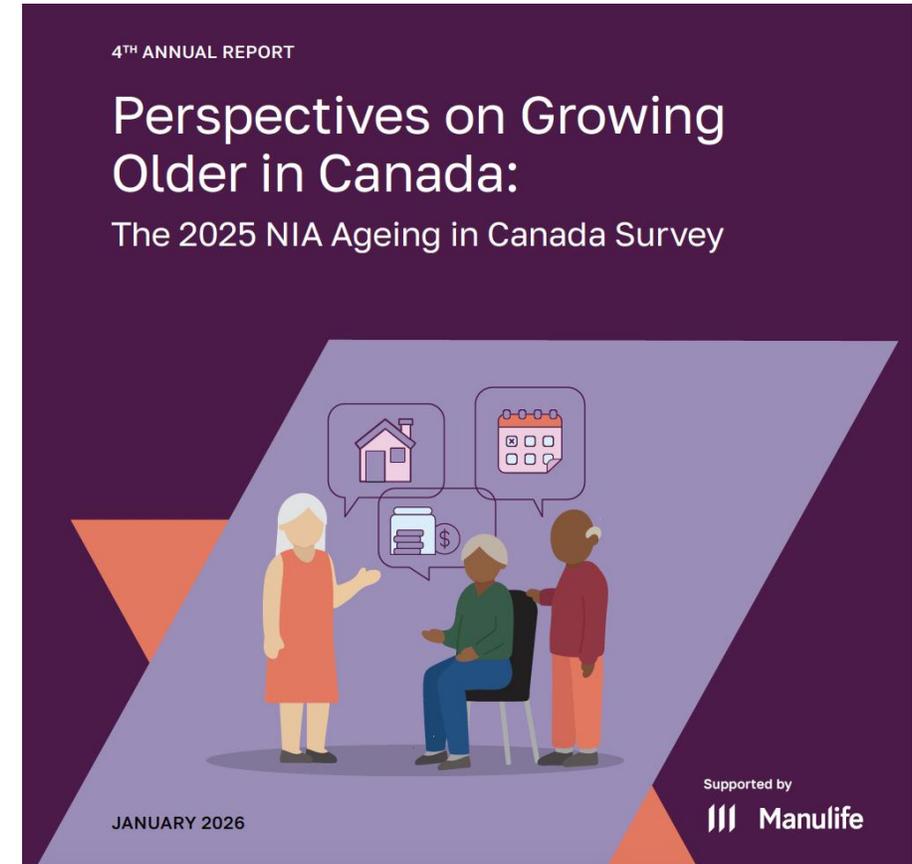


Aging in Place



National Institute on Ageing – 2025 Ageing in Canada Survey

- Aging in Place: Preference of older adults to stay and grow old in their own homes and community
- **81%** of Canadians 50+ want to age in place



Statistics Canada – Canadian Health Survey on Seniors: Aging in Community

Ages 65-79

- Home Adaptations: 25%
- Informal Care: 12%
- Home Care: 6%
- Community Support Services: 7%

Ages 80+

- Home Adaptations: 52%
- Informal Care: 33%
- Home Care: 22%
- Community Support Services: 17%



Healthcare Excellence Canada: Enabling Aging in Place: Promising Practice Series



Nursing Homes Without Walls

Pilot in New Brunswick that leverages the knowledge and resources of nursing homes to directly serve older adults living in the community with health care, support, and/or navigation services.



Oasis

Older-adult driven program that supports aging in place in naturally occurring retirement communities (NORCs) through a focus on social connection, nutrition and physical activity.



Community Paramedicine at Clinic

Community paramedics offer drop-in and scheduled home appointments in social housing to provide health assessment, tailored education and lifestyle discussions, and help with system navigation.



Resources on CORE BC

- WHO Commission on Social Connection. <https://bc.healthyagingcore.ca/resources/report-from-loneliness-to-social-connection-charting-a-path-to-healthier-societies>
- World Happiness Report 2025 – How Sharing Meals Promotes Happiness. <https://bc.healthyagingcore.ca/resources/report-world-happiness-report-2025>
- 2025 Point-in-Time Homeless Counts. <https://bc.healthyagingcore.ca/group/seniors-housing/resource/reports-2025-homeless-counts>
- BC Policy Solutions – Rising poverty and economic insecurity among BC seniors. <https://bc.healthyagingcore.ca/news/article-rising-poverty-and-economic-insecurity-among-bc-seniors>
- National Institute on Ageing: 2025 Ageing in Canada Survey. <https://bc.healthyagingcore.ca/resources/report-perspectives-on-growing-older-in-canada-2025-report>
- Statistics Canada: Canadian Health Survey on Seniors - Aging in the Community. <https://bc.healthyagingcore.ca/resources/report-aging-in-the-community-factors-associated-with-home-adaptations-and-receipt-of-informal-care-home-care-and-community-support-services-among-older-canadians>
- Healthcare Excellence Canada: Enabling Aging in Place: Promising Practice Series. <https://bc.healthyagingcore.ca/resources/report-enabling-aging-in-place-promising-practices-better-at-home>

